

RANDA MARIE KUTOB, M.D., M.P.H.
ACADEMIC VITAE

CHRONOLOGY OF EDUCATION

B.S. (Microbiology) University of Arizona	1982-1986
B.A. (History) University of Arizona	1982-1987
M.D. University of Arizona College of Medicine	1987-1992
Residency Family Medicine Residency Department of Family and Community Medicine University of Arizona College of Medicine	1992-1995
Chief Resident Family Medicine Residency Department of Family and Community Medicine University of Arizona College of Medicine	1994-1995
Faculty Development Fellowship Department of Family and Community Medicine University of Arizona College of Medicine	1995-1996
Dean's Teaching Scholars Faculty Development Series University of Arizona College of Medicine	1999-2000
Certificate of Public Health Arizona Clinical Research Training Program Mel and Enid Zuckerman College of Public Health University of Arizona	2001-2004
Master of Public Health "Diabetes Type 2 in Mexican Americans: Physicians' Perceptions" Mel and Enid Zuckerman College of Public Health University of Arizona	2002-2005
Clinical Outcomes and Comparative Effectiveness Research Fellowship (COCER) Arizona Area Health Education Centers Program Arizona Health Science Center University of Arizona	2011-2013

MAJOR FIELD/CERTIFICATION

Major Field: Family Medicine
Certification: American Board of Family Medicine 1995
Recertification: American Board of Family Medicine 2002, 2009

CHRONOLOGY OF EMPLOYMENT

**University of Arizona, College of Medicine,
Section of Emergency Medicine, Department of Surgery**

Assistant Professor of Clinical Surgery 1995-1997
Medical Director of Urgent Care Services 1995-1997

**University of Arizona, College of Medicine
Department of Family and Community Medicine**

Clinical Assistant Professor of Family Medicine 1997-2007
Associate Director of Predoctoral Education 1995-1997
Associate Director, Family and Community Medicine Clerkship 1997-2002
Director, Family and Community Medicine Clerkship (FCM 803) 2002-2007
Assistant Professor of Family and Community Medicine
(Tenure eligible) 2007-2014
Medical Director and Cofounder, Clinical Weight Loss Program
University of Arizona Health Network 2010-present
Founding Medical Director, UA Recovery Thru Integration, Support
and Empowerment's (RISE's) "Camp Wellness"
(<http://wellness.fcm.arizona.edu/>) 2010-present
Associate Professor of Family and Community Medicine
(with Tenure) 2014-

University of Arizona, College of Medicine

Interim Director, Office of Continuing Medical Education,
College of Medicine, University of Arizona 2014-

HONORS AND AWARDS

TEACHING AWARDS

Commitment to Underserved People Award for Faculty Service University of Arizona College of Medicine	1998, 2000
Furrow Award for Excellence in Clinical Science Teaching University of Arizona College of Medicine	2000

RESEARCH AWARDS

American Heart Association Research Fellowship Bernard Nocht Institute for Tropical Medicine Hamburg, Germany	1990-1991
Malaria and Primary Care in India Research Paper Award, Third Place Presented at the 12th Annual Medical Student Research Forum University of Arizona College of Medicine	1992
Vernon & Virginia Furrow Award Innovation in Medical Education Grant Award University of Arizona College of Medicine	2002
North American Primary Care Research Group (NAPCRG) Families United/Familias United presentation chosen as one of Family Medicine "Pearls." (<i>Each year 10-12 best papers presented at NAPCRG are chosen for inclusion in a "best-of NAPCRG" slide set that is used to highlight high quality engaging research relevant and practically meaningful for clinicians. The "best of" set is then presented at several different primary care clinical meetings, such as the Family Medicine Forum in Canada as well as meetings in the U.S.</i>)	2013

CLINICAL AWARDS

Best Doctors in America List Best Doctors, Inc. (<i>Peer-nominated survey</i>)	2004-2013
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OTHER AWARDS

Nelson Dewey Brayton, M.D. Medical Memorial Scholarship Award for Outstanding Senior Entering Family Practice University of Arizona College of Medicine	1992
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Arizona Student Association of Family Physicians Scholarship 1992
University of Arizona College of Medicine

Community Scholar Award, Outstanding Seniors 1992
Family and Community Medicine
University of Arizona College of Medicine

SERVICE/OUTREACH

LOCAL/STATE

Camp Physician, Whispering Pines Camp 1992
for Native American Children with Diabetes July 2004

Community Presentation, "Preventing Diabetes, Obesity, 1992
and Heart Disease: Decrease Your Risk!" Sponsored by the
Yuma Friends of the Arizona Health Sciences Center.
*(Presented several talks at local high schools as well as
a public lecture.)* Nov 2012

NATIONAL/INTERNATIONAL OUTREACH

Women's Health Initiative 2012-present
Diabetes Special Interest Group

Website Development 2012
Families United/Families Unidas
Diabetes Prevention Resources Online
Group Office Visit Materials
*(Instructor and Participant Manuals
made fully available for public use.)*

Grant Reviewer March 2005
US Department of Health & Human Services,
Bureau of Health Professions
*(Title VII peer reviewer for predoctoral medical
education grants.)*

National Institutes of Health, 1992
National Cancer Institute
*(Special Emphasis Panel for review of
Pilot Projects for Community Networks Program
to Reduce Cancer Health Disparities (Pilot Grants-U01).)* October 2007

National Institutes of Health 1992
National Cancer Institute
(Special Emphasis Panel for review of April 2010

*Community Networks Program –
Centers for Reducing Disparities through Outreach,
Research and Training (Center Grants-U54).*

Professional Society Service

North American Primary Care Research Group	2012-present
Communications Committee	
Annual Meeting Reviewer	

Journal Peer-Reviewer

Family Medicine	2003-present
Canadian Medical Association Journal	2005
American Journal of Preventive Medicine	2005
Journal of Health Care for the Poor and Underserved	2012

Professional Society Memberships

Arizona Academy of Family Physicians	1987-2010
American Academy of Family Physicians	1987-2010
Society of Teachers of Family Medicine	2001-present
North American Primary Care Research Group	2006-present
American Diabetes Association	2007-2012
The Obesity Society	2011-2012
The American Society of Bariatric Physicians	2012-present

DEPARTMENTAL PROGRAMS/COMMITTEES

Commitment to Underserved People, Medical Director	1997-2002
Arizona Student Association of Family Physicians, Faculty Liaison	1999-2002
Research Leadership Committee	2003-present
Departmental Leadership Committee	2004-2006
Electronic Health Record Research Committee	2007-2008

COLLEGE OF MEDICINE COMMITTEES

Pediatric Clerkship Review Committee	1999-2000
Molecular Genetics Clerkship Review Committee	1999-2000
Student Progress Committee	1999-2001
Dean's Teaching Day on Cultural Competence	2004
Planning Committee	
Interdisciplinary Subcommittee: Evidence-Based Medicine	2004-2006
LCME Faculty Committee	2005
Curriculum Committee	2005-2010
Clinical Curriculum Planning Committee	2006-2008
Curriculum Committee, Evaluation Subcommittee	2006-2008
Curriculum Committee, Chair	2007-2008
Faculty Diversity Advisory Committee	2013-present

OTHER COMMITTEES

University Medical Center

Asthma Task Force	1997-2004
Bronchiolitis Task Force	1998-2004
Bariatric/Employee Wellness Center Task Force	2008-2010

PUBLICATIONS

CHAPTERS IN SCHOLARLY BOOKS AND MONOGRAPHS

Original Research

1. Sterling CR, **Kutob RM**, Gizinski MJ, Verastequi M, Stetzenbach L. Giardia detection using monoclonal antibodies recognizing determinants of in-vitro derived cysts. In: Wallis PM, Hammond BR, eds. *Advances in Giardia Research*. Calgary: University of Calgary Press, 1988. 219-222.

Reviews

2. **Kutob RM**, Pust RE. The traveler. In: *Twenty Common Problems in Preventive Health Care*. Campos-Outcalt D, ed. McGraw-Hill, 2000. 465-490.
3. Pust RE, **Kutob RM**. Travel medicine. In: Rakei RE, ed. *Textbook of Family Practice*. 6th edition. Philadelphia: Saunders, 2001. 508-517.

REFEREED JOURNAL ARTICLES

1. Bierhaus A, Hemmer CJ, Mackman N, **Kutob R**, Ziegler R, Dietrich M, Nawroth PP. Antiparasitic treatment of patients with *P. falciparum* malaria reduces the ability of patient serum to induce tissue factor by decreasing NF-kappa B activation. *Thromb Haemost* 1995;73(1):39-48.
2. Campos-Outcalt D, Watkins A, Fulginitti J, **Kutob RM**, Gordon P. Correlations of family medicine clerkship evaluations with scores on an objective structured clinical examination and residency directors' ratings of clinical competence. *Family Medicine*;1999;31(2):90-94.
3. Harris JM, **Kutob RM**, Surprenant ZJ, Mairuo RD, Delate TA. Can Internet-based education improve physicians' confidence in dealing with domestic violence? *Family Medicine* 2002;34(4):287-292.
4. Senf JH, Campos-Outcalt D, **Kutob RM**. Lessons not learned from the Generalist Initiatives. *Academic Medicine* 2002;77:774-775.
5. Campos-Outcalt D, Senf JH, **Kutob RM**. Negative comments heard by U.S. medical students about family practice. *Family Medicine* 2003;35:504-509.

6. **Kutob RM**, Senf JH, Campos-Outcalt D. Declining interest in family medicine: Perspectives of department heads and faculty. *Family Medicine* 2003;35:573-578.
7. Senf JH, Campos-Outcalt D, **Kutob RM**. Factors related to the choice of family medicine: A reassessment and literature review. *Journal of the American Board of Family Practice* 2003;16:502-512.
8. Senf JH, **Kutob RM**, Campos-Outcalt D. Which primary care specialty? Factors that relate to a choice of family medicine, internal medicine, combined internal medicine-pediatrics, or pediatrics. *Family Medicine* 2004;36:123-130.
9. Campos-Outcalt D, Senf JH, **Kutob RM**. A comparison of primary care graduates from schools with increasing production of family physicians to those from schools with decreasing production. *Family Medicine* 2004;36:260-264.
10. Senf JH, Campos-Outcalt D, **Kutob RM**. Family medicine specialty choice and interest in research. *Family Medicine* 2005;37:265-270.
11. **Kutob RM**, Senf JH, Campos-Outcalt D. The diverse functions of role models across primary care specialties. *Family Medicine* 2006;38:244-251.
12. Harris JM, Fulginiti JV, Gordon PR, Elliot TE, Davis BE, Chabal C, **Kutob RM**. KnowPain-50: A tool for assessing physician pain management education. *Pain Medicine* 2008;9:542-554.
13. **Kutob RM**, Senf JH, Harris JM. Teaching culturally effective diabetes care: Results of a randomized controlled trial. *Family Medicine* 2009;41(3):167-174.
14. **Kutob RM**, Senf J, Crago M, Shisslak C. Concurrent and longitudinal predictors of self-esteem in elementary and middle school girls. *Journal of School Health* 2010;80(5):240-248.
15. **Kutob RM**, Crago M, Bormanis J, Gordon P, Shisslak C. Using Standardized Patients to Teach Cross-Cultural Communication Skills to Pre-Clinical Medical Students. *Medical Teacher* 2012;34(7):594.
16. Ryan AM, **Kutob RM**, Suther E, Hansen M, Sandel M. Pilot study of impact of medical-legal partnership services on patients' perceived stress and wellbeing. *The Journal of Health Care for the Poor and Underserved* 2012;23(4):1526-1546.
17. Siwik V, **Kutob RM**, Ritenbaugh C, Gordon J. Families United/Familias Unidas: Development and feasibility of a family-based group office visit model for the primary prevention of type 2 diabetes. *The Diabetes Educator* 2012; 38(6):811-21.
18. Siwik V, **Kutob RM**, Ritenbaugh C, Crus L, Meyer H, Senf J, Aickin M, Larez M, Carruth L, Shisslak C, Going S, Shatte A. Intervention in overweight children improves BMI and physical Activity. *The Journal of the American Board of Family Medicine* 2013;26:126-37.

19. **Kutob RM**, Bormanis J, Crago M, Gordon P, Senf JH, Shisslak C. Assessing culturally competent diabetes care with unannounced standardized patients. *Family Medicine* 2013;45(6):400-408.
20. **Kutob RM**, Bormanis J, Crago M, , Senf JH, Shisslak C. Lessons in cultural humility and non-judgmental behavior. *The Journal of Continuing Education in the Health Professions* 2013;33(3):164-173.
21. **Kutob RM**, Siwik V, Aickin M, Ritenbaugh C. Families United/Familias Unidas: Family Group Office Visits to Reduce Risk Factors for Type 2 Diabetes. *The Diabetes Educator* 2014;40:191-201.

PUBLISHED, PEER-REVIEWED ABSTRACTS

1. **Kutob RM**, Siwik V, Larez M, Aickin M, Ritenbaugh C. Families United/Familias Unidas: A study of group office visits to prevent type 2 diabetes. *Family Medicine* 2012;44, Suppl 1.
2. **Kutob RM**, Siwik V, Ritenbaugh C, Aickin M, Larez M. Families United/Familias Unidas: Development and feasibility of a family-based group office visit model for the primary prevention of type 2 diabetes. *Diabetes* 2012;61:(Suppl1) A 718.
3. **Kutob RM**, Siwik V, Ritenbaugh C, Aickin M, Larez M. Family Group Office Visits Improve Risk Factors for Type 2 Diabetes. *Family Medicine* 2013;45, Suppl 2.
4. Stinson LJ, Bansari A, Quddus A, **Kutob RM**, Shikany JM, Howard BV, Manson JE, Lu B, Eaton CB. Association between Artificially Sweetened Beverages and the Incidence of Type 2 Diabetes in Postmenopausal Women American Heart. *Circulation* 2013;127(12) (Supplement) AMP 95.
5. **Kutob RM**, Siwik V, Aickin M, Ritenbaugh C. Weight Loss in a Family Group Office Visit Intervention to Improve Risk Factors for Type 2 Diabetes. *Family Medicine* 2013;45, Suppl 4.

ELECTRONIC PUBLICATION

1. **Kutob RM**, Surprenant ZJ, Harris JM, Balin M. The Current Management of Domestic Violence. 1st ed. (online CME course). The Virtual Lecture Hall. www.vlh.com. 1999.
2. Taylor C, **Kutob RM**. Breast Cancer Diagnosis, Risk Assessment and Management (online CME course). The Virtual Lecture Hall. www.vlh.com. 2001.
3. **Kutob RM**. Delivering Culturally Effective Care for Patients with Type 2 Diabetes (online

CME course). The Virtual Lecture Hall. www.vlh.com. 2004.

4. **Kutob RM**. Health Disparities in Older Adults: What Can Physicians Do? Online educational module, University of Arizona, College of Medicine, 2008.
5. **Kutob RM**, Bormanis J, Culhane-Pera K, Sims C. Delivering Culturally Competent Care: Managing Type 2 Diabetes in Diverse Populations. The Virtual Lecture Hall. www.vlh.com. 2008. (*Interactive electronic textbook (approximately 150 pages) containing cases and evidence-based information points on type 2 diabetes and cultural competence.*) Revised 2010; Revised 2012.

WORKS IN PROGRESS

UNDER REVIEW

1. Stoneking BC, Harwell N, **Kutob RM**, Cash N, Bassford T. Camp Wellness: A Publicly-Funded, Comprehensive Program for Individuals with Serious Mental Illnesses (submitted to the American Journal of Psychiatric Rehabilitation)

MANUSCRIPTS IN PREPARATION

1. **Kutob RM**, Yuan N, Wertheim B, Sbarra D, Thompson C. The Effect of Marital Transitions on Dietary Behavior, Physical Activity, Alcohol Use, and Smoking in Postmenopausal Women.
2. **Kutob RM**, Stoneking BC, Harwell N, Arnold K, Cunningham J, Deines C, Glass C, Ritenbaugh C, Seaney V, Bassford T, Cash N. Camp Wellness: Participant Outcomes
3. Abraham I, Gascón P, Apro M, Ludwig H, Logue M, **Kutob RM**, Nuño T, Olvey E, Lee CS, Harrington A, Martin J, MacDonald K. Erythropoiesis-stimulating agents and survival/mortality in cancer patients with anaemia: Systematic review of nine meta-analyses and six pooled analyses published since 2005. (*Group meta-analysis project completed as part of COCER Fellowship.*)
4. Stinson LJ, Bansari A, Quddus A, **Kutob RM**, Shikany JM, Howard BV, Manson JE, Lu B, Eaton CB. Association between artificially sweetened beverages and the incident type 2 diabetes in postmenopausal women.
5. Stoneking BC, Harwell N, **Kutob RM**, Arnold K, Cunningham J, Deines C, Glass C, Ritenbaugh C, Seaney V, Bassford T, Cash N. Camp Wellness: Participant's Experiences.

VIDEO

1. **Kutob, RM.** The Medical Interview: Three Approaches. Biomedical Communications. University of Arizona, Tucson, Arizona 2004. (*This video was created specifically for the Dean's Teaching Day on cultural competence, 2004. It depicted two different models of culturally appropriate interview techniques.*)

OTHER RESEARCH REPORTS

1. **Kutob RM,** Campos-Outcalt D, Sterling CR. The prevalence of Giardia and Cryptosporidium in Tucson day care centers. University of Arizona. Tucson, Arizona, 1988.
2. **Kutob RM.** San Xavier Clinic (IHS) community health survey project report. University of Arizona and San Xavier Indian Health Service Clinic. Tucson, Arizona, 1990.
3. **Kutob RM,** Nawroth P, Kern P, Dietrich M. The activation of the cytokine network in severe *P. falciparum* malaria. Bernhard-Nocht Institute for Tropical Medicine. Hamburg, Germany, 1991.
4. **Kutob RM,** Senf J, Irani G, Pust RE. Malaria control and primary health care in India: A survey of patients' concepts and treatment of fever. Meher Free Dispensary, Ahmednagar, India, 1992.
5. **Kutob RM.** El Rio Health Center Patient Population Demographics and Social Characteristics. University of Arizona, Tucson, Arizona, 1994.
6. **Kutob RM.** Diabetes type 2 in Mexican Americans: Physicians' perceptions. (*MPH Thesis*) University of Arizona, College of Public Health, 2004.
7. **Kutob RM.** Patient Decision Support Tools for Patients with Diabetes. Report of the Patient Decision Support Working Group. University of Arizona. Department of Family and Community Medicine. (*Prepared for the Director of the Arizona State Medicaid Agency, 2009.*)

SCHOLARLY PRESENTATIONS

A. CONFERENCES (SUMMITTED TO COMPETITIVE PEER REVIEW)

International

1. **Kutob RM,** Senf J, Harris JM. Cultural Competence in the Context of Type 2 Diabetes (Oral Presentation). The North American Primary Care Research Group Annual Conference, Vancouver, British Columbia, Canada, 2007.
2. **Kutob RM,** Rein J, Harris JM. What Is Cultural Competence? (Poster). The North American Primary Care Research Group Annual Conference San Juan, Puerto Rico, 2008.

3. **Kutob RM**, Siwik V, Larez M, Aickin M, Ritenbaugh C. Families United/Familias Unidas: A study of group office visits to prevent type 2 diabetes (Poster). The North American Primary Care Research Group Annual Conference, Banff, Alberta, Canada, 2011.
4. **Kutob RM**, Siwik V, Larez M, Aickin M, Larez M, Ritenbaugh C. Families United/Familias Unidas: Family Group Office Visits Improve Risk Factors for Type 2 Diabetes (Oral Presentation). North American Primary Care Research Group Annual Conference, New Orleans, Louisiana, 2012.
5. **Kutob RM**, Siwik V, Aickin M, Ritenbaugh C. Weight Loss in a Family Group Office Visit Intervention to Improve Risk Factors for Type 2 Diabetes (Oral Presentation). North American Primary Care Research Group Annual Conference, Ottawa, Canada, 2013.

National

1. **Kutob RM**. Community Health Care Programs in India (Oral Presentation). International Health Medical Education Consortium Annual Conference. Washington, DC, 1993.
2. **Kutob RM**. Women, Culture, and Medicine (Oral Presentation). The Society for Values in Higher Education Annual Conference. Bowden College, Maine, 1993.
3. Lebensohn P, **Kutob RM**, Hartline J. Challenging the Biomedical Model - A Longitudinal Program Integrating Behavioral Science and Cross-cultural Medicine (Poster). Association for the Behavioral Sciences and Medical Education Conference. Santa Fe, New Mexico, 1994.
4. **Kutob, RM**. The Current Management of Domestic Violence: An On-line CME Program. National Conference on Health Care and Domestic Violence (Oral Presentation). San Francisco, California, 2000.
5. Gordon P, **Kutob RM**, An Unannounced OSCE Patient in the Field: A Novel Approach to Testing Third Year Family Medicine Clerks (Workshop). The Society for Teacher of Family Medicine, Predoctoral Conference. Long Beach, California, 2001.
6. **Kutob RM**, Senf J, Campos-Outcalt D. Are You a Role Model for Medical Students? (Oral Presentation) The Society for Teacher of Family Medicine, Predoctoral Conference. Austin, Texas, 2003
7. **Kutob RM**, McPherson D. Student Interest in Family Medicine: Current Status and Strategies for Success (Oral Presentation). The Society for Teachers of Family Medicine. Annual Conference. Atlanta, Georgia, 2003.
8. Walling A, **Kutob R**, Shore W, Morell V, Crandall S, Pipas C, Palley T, Manyon A. HRSA Training Grant Applications: The Top 10 Successful Strategies and Fatal Flaws (Panel Discussion). The Society for Teacher of Family Medicine, Predoctoral Conference. New Orleans, Louisiana, 2004.

9. Hall G, Carr L, **Kutob RM**. Talk to Me: Teaching Medical Students about Effective Communication in End-Of-Life Care (Oral Presentation). The Society of Teachers of Family Medicine, Pre-doctoral Conference, Memphis, Tennessee, 2007.
10. Baldor R, Quirk M, Ennis M, **Kutob RM**. Student Interest-What Can Medical School Faculty Do? (Oral Presentation) The Society for Teachers of Family Medicine, Annual Conference, Chicago, Illinois, 2007.
11. Ryan A. **Kutob RM**. Medical-legal Partnership: How Do You Measure an Ounce of Prevention? (Oral Presentation) National Legal Aid & Defender Association Annual Conference. Tucson, Arizona, 2007.
12. Baldor R, Ennis M, **Kutob RM**, Altman W. Student Interest-What Can Medical School Faculty Do? (Oral Presentation) The Society for Teachers of Family Medicine, Annual Pre-doctoral Conference, Portland, Oregon, 2008.
13. Baldor R, Domino F, Quirk M, **Kutob RM**, Altman W. Evolving the Preceptor Role to Have a Positive Influence on Family Medicine Career Choice (Oral Presentation). The Society for Teachers of Family Medicine, Annual Pre-doctoral Conference, Savannah, Georgia, 2009.
14. Gordon JS, Thomson C, **Kutob R**, Burns KD, Byron D, Marquis A, Cunningham J. Practices, Attitudes, Self-efficacy, and Perceived Barriers for Preventing and Treating Obesity in the Primary Care Clinic (Poster). Research Frontiers in Nutritional Sciences Conference, February 29 – March 1, 2012, Tucson, AZ.
15. Burns KD, Byron D, Marquis A, Thomson C, **Kutob R**, Cunningham J, Gordon JS. Practices, Attitudes, Self-efficacy, and Perceived Barriers for Preventing and Treating Obesity in the Primary Care Clinic (Poster Presentation). 45th STFM Annual Spring Conference, April 25-29, 2012, Seattle, WA.
16. Stinson LJ, Bansari A, Qudus A, **Kutob RM**, Shikany JM, Howard BV, Manson JE, Lu B, Eaton CB. Association between Artificially Sweetened Beverages and the Incidence of Type 2 Diabetes in Postmenopausal Women (Poster). American Heart Association Epidemiology and Prevention/ Nutrition, Physical Activity, and Metabolism, Scientific Session, 2013.
17. **Kutob RM**, Bormanis J, Crago M, Gordon P, Senf JH, Shisslak C. Assessing culturally competent diabetes care with unannounced standardized patients (Oral Presentation). The Eighth National Conference on Quality Health Care for Culturally Diverse Populations. Oakland, CA., March 10-14, 2013.
18. Bormanis J, **Kutob RM**. Using a Skills-based Approach to Get the Most out of Cultural Competence: The ASCN Model (Ask, Share Compare, Negotiate) (Preconference Workshop). The Eighth National Conference on Quality Health Care for Culturally Diverse Populations. Oakland, CA, March 10-14, 2013.
19. **Kutob RM**, Bormanis J, Crago M, Gordon P, Senf JH, Shisslak C. Assessing Culturally Competent Diabetes Care with Unannounced Standardized Patients (Oral

Presentation). The Society for Teachers of Family Medicine, Annual Conference, Baltimore, MD, May 2-5, 2013

20. **Kutob RM**, Bormanis J, Crago M, Senf JH, Shisslak C. Lessons in Cultural Humility, Nonjudgmental Behavior (Oral Presentation). The Society for Teachers of Family Medicine, Annual Conference, Baltimore, MD, May 2-5, 2013.

B. CONFERENCES (INVITED PRESENTATIONS AND CONSULTATIONS)

Invited Consultation-National

1. **Kutob RM**. Factors Influencing Medical Students in Their Choice of Family Practice as a Specialty: Three Years of Declining Interest. The Commission on Student and Resident Affairs, American Academy of Family Physicians. Kansas City, Kansas, June 2002.
2. **Kutob RM**. Delivering Culturally Effective Care to Patients with Type 2 Diabetes. The American Medical Association's Commission to End Health Disparities. Washington, D.C., January 2005.

National/Regional Conferences

1. Bormanis J, **Kutob RM**. What is Cultural Sensitivity? or The Perils and Promises of Integrating Culture and Medicine in Clinical Settings. The Language of Health Care Conference. University of Arizona, 1996.
2. **Kutob RM**. Health and Hypertension among Jewish immigrants from the Former Soviet Union. Faculty Development Seminar. University of Arizona, 1996.
3. **Kutob RM**, Bormanis J, May K. Important Issues in Providing Health Care to Students from the Middle East. A joint project with the Center for Middle Eastern Studies and the College of Nursing. Presented at Student Health. University of Arizona, 1997.
4. **Kutob RM**. Factors Influencing Medical Students in Their Choice Of Family Practice as a Specialty: Three Years of Declining Interest. Texas Family Medicine Leadership Conference. Austin, Texas, March 2002.
5. **Kutob RM**. Senf J. What do Medical Students Hear About Family Practice and What Do They Say? Arizona Academy of Family Physicians. Scottsdale, Arizona, August 2002.
6. **Kutob RM**, Rivers JC, Eisenberg M. Getting the Healthcare You Need? Arizona Women's Conference. Tucson, Arizona, September, 2004.
7. **Kutob RM**. Cultural Competence: I Don't Have Time for This! Kaiser Permanente's 27th Annual National Diversity Conference. Universal City, California, October, 2004.
8. **Kutob RM**. Conflicting Concepts of Medicine and Healing. Refugee Resettlement Program Annual Conference. Phoenix, Arizona, April 2005.

9. **Kutob RM.** Promoting Healthy Lifestyles in Real World Settings: Moving Beyond the Barriers. Exercise is Medicine Conference, Tucson, Arizona, March, 2012.
10. **Kutob RM.** Cultural Competence: Lost in Translation. Translational Medicine in Arizona: Networks, Partnerships, and Initiatives Conference. Flagstaff, Arizona, May 2012.

GRANTS AND CONTRACTS

FEDERAL (as Principal Investigator)

Cultural Competence in the Context of Type II Diabetes, Phase I

R41 DK62569-01 Kutob (PI) 8/15/02-1/31/04. \$125,775

National Institute of Diabetes and Digestive and Kidney Diseases (NIH/NIDDK)

This Phase I study developed a prototype online CME program to teach physicians and other healthcare providers the general concepts of cross-cultural health care, how to apply these concepts to a specific population (Mexican Americans), and how to interact effectively in the cross-cultural setting in the context of chronic illness (type 2 diabetes mellitus). As part of this project, we developed and tested a tool to measure physician's self-reported cultural competence. We tested the effectiveness on the newly developed course in a national randomized sample of family medicine residents.

Role: *Principal investigator* (30% Effort)

Cultural Competence in the Context of Type II Diabetes, Phase II

R41 DK62569-02 Kutob (PI) 9/30/04-9/30/08. \$1,025,559

National Institute of Diabetes and Digestive and Kidney Diseases (NIH/NIDDK)

The major goals of this project were to build on the work begun in Phase I by further developing and testing the effectiveness of an Internet-based, interactive textbook on culturally competent approaches to patients with or at risk for type 2 diabetes. As part of this study, we further refined the cultural competence assessment tool developed in Phase 1. The completed course was tested on a randomized sample of practicing primary care physicians.

Role: *Principal investigator* (47% Effort)

FEDERAL (as Co-Principal Investigator)

Training in Primary Care Medicine and Dentistry

Pust (PI) 9/1/03-8/31/06. \$163,563

Health Resources and Services Administration (HRSA)

This grant supported the implementation of a distance-learning component in the third year Family and Community Medicine clerkship and the development of a community medicine elective track at the University of Arizona College of Medicine.

Role: *Co-Principal Investigator* (25% Effort)

Group Visits for Treating Type 2 Diabetes in Hispanics

R34 DK072196 Bassford (PI) 4/1/06-3/31/08. \$440,834

National Institute of Diabetes and Digestive and Kidney Diseases (NIH/NIDDK)

The goal of this project was to study the effect of culturally competent group office visits for Mexican American patients with type 2 diabetes.

Role: Co-Principal Investigator (18% Effort)

PRIVATE FOUNDATIONS (as Principal Investigator)

Advanced Research Training Grant

Kutob (PI) 7/1/01-6/30/03. \$49,000

American Academy of Family Physicians (AAFP)

This was a research training grant. The two components of this grant were research education and a research project. The research project used both qualitative and quantitative methodologies to study providers' perceptions of barriers to care for their Mexican American patients with type 2 diabetes. The results of this research were submitted for my MPH thesis.

Role: Principal investigator (Trainee) (40% Effort)

Families United/Familias Unidas

Kutob (PI) 1/1/09-12/31/12. \$475,154

American Diabetes Association

This was a pilot feasibility study to examine the effect of a family medical group office visit model for patients at risk for type 2 diabetes and their family members.

Role: Principal Investigator (20% Effort)

GRANTS/CONTRACTS WITH SIGNIFICANT CONTRIBUTIONS

Determinants of Family Medicine Specialty Choice

Senf (PI) 7/1/01-6/30/02. \$53,000

American Academy of Family Physicians (AAFP)

The goal of this contract was to determine predictors of family medicine specialty choice. We conducted an extensive literature review, analyzed AAMC data, and surveyed medical school graduates, family medicine department chairs, and faculty.

Role: Co-investigator (10% Effort)

Arizona Reynolds Program of Applied Geriatrics

Fain/Tomasa (PI's) 7/1/06-6/30/10. \$1,975,236

Donald W. Reynolds Foundation

The purpose of this grant was to improve medical student, resident, faculty and practicing physicians' training in geriatrics by emphasizing competency based, culturally competent, safe, and quality care to improve care for frail elders.

Role: Cultural competence consultant (10% Effort)

Medicaid Transformation Project

Muramoto (PI) 1/1/08-12/31/10 \$500,000

Arizona Health Care Cost Containment System (AHCCCS)

This project focused on transformation of the health care system for AHCCCS enrollees by improving patient decision support, clinical decision support, and community

involvement in research. The targeted groups for this contract were patients with diabetes, asthma, and serious mental illness. The Patient Decision Support Working Group developed several reports relevant to these populations. The Working Group also developed and tested a health care competency assessment tool to measure patients' ability to navigate the medical system.

Role: Chair, Patient Decision Support Working Group (10 % Effort)

Online Primary Care Provider Training in Screening, Brief Intervention, Referral, and Treatment (SBIRT)

R44DA026218 Harris (PI) 1/1/09-6/30/12 \$1,014,588

National Institute on Drug Abuse

This Fast Track SBIR study sought to develop an online, scalable, educationally effective, substance abuse screening, brief intervention, and referral to treatment (SBIRT) skills development program that could be nationally deployed and better meet the needs of community PCPs and physicians in training. The research used a novel assessment methodology, based on the script concordance test, to determine whether a worked example training approach, based on virtual patient (VP) technology, is a more efficient teaching tool than the traditional "unworked" trial and error VP technology.

Role: Site PI (5% in-kind effort)

Women's Health Initiative Extension Study Vanguard Clinical Center

HHSN26820110003C Thomson (PI) 10/1/10-9/30/15 \$212,768

26505840-50957-A

Board of Trustees of the Leland Stanford Junior University NHLBI

Women's Health Initiative Extension Study Vanguard Clinical Center

This grant promotes ongoing research with the Women's Health Initiative data set.

Role: Co-investigator (12% Effort)

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This is a true and accurate statement of my activities and accomplishments. I understand that misrepresentation in securing promotion and tenure may lead to dismissal or suspension under ABOR Policy 6-201 J.1.b.


